



RESET



FREE eight-week nutrition class series held weekly from April 3rd until May 26th

TUESDAYS

12:00PM - 1:00PM
WARFORD - CLASSROOM

THURSDAYS

5:30PM - 6:30PM
WARFORD - CLASSROOM

Participants enrolled in the RESET program will receive a free membership and gain access to the warford fitness schedule



Classes Located at:
Chales E. Warford
activity center
1330 NW 18th AVE



(806) 378-6511



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