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March 30, 2020

Section 81.002 of the Health and Code states "the state has a duty to protect the public health. Each person shall act responsibly to prevent and control communicable disease".

I, as your Health Authority have repeatedly strongly recommended social distancing, hand washing, avoiding large crowds, staying home if ill, and avoiding unnecessary travel in order to reduce the burden of COVID-19 in our community.

As demonstrated by our contact investigations, it is now apparent that that I must issue an ORDER to adhere to practices that mitigate the spread of COVID-19. This includes banning gatherings of 10 or more and social distancing by staying at home. Further, if in the community, all individuals must stay 6 feet apart. Testing should be reported daily to our office. This order will be in effect for 14 days. Of course we will monitor this outbreak and I anticipate the number of cases we document to increase. In 14 days, I will extend this order if the data suggests continued spread.

Scott Milton, M.D.
Health Authority

HEALTH ORDER

AMARILLO AREA PUBLIC HELTH DISTRICT

TO: ALL PERSONS IN CITIES OF AMARILLO AND CANYON, VILLAGE OF PALISADES, LAKE TANGLEWOOD COMMUNITY, BUSHLAND COMMUNITY, AND PERSONS IN ALL OTHER PLACES OR PARTS OF IN POTTER OR RANDALL COUNTIES

GREETINGS:

I am the Local Health Authority for the Amarillo Area Public Health District. I am a physician duly appointed and authorized by Texas Health and Safety Code, §81.082 to issue this order. The imposition of this order is necessary as a precautionary control measure associated with an outbreak of COVID-19, a highly communicable disease.

I have reasonable cause to believe that there is a far greater threat by COVID-19 to persons in our communities than has thus far been detected, primarily due to insufficient testing correlated to the experience observed in other metropolitan areas of our state.

Accordingly, all persons within the areas described above are hereby ORDERED to comply with the measurers list on Exhibit A to this Order, which is incorporated here by this reference.

This Order for Control Measures is effective this 30 day of March, 2020, at 11:59 p.m. o'clock under my authority as the Local Health Authority for the Amarillo Area Public Health District, which encompasses all territory within the City of Amarillo, City of Canyon, Potter County and Randall County, Texas, together with all other villages, towns, communities and areas therein.

Any further order that may be needed will be in writing from me or the Texas Department of State Health Services.

There are criminal penalties for noncompliance with this notice. It is a crime to knowingly refuse to perform or allow the performance of control measures on property as ordered by a Local Health Authority or the Texas Department of Health, or to knowingly conceal an infected object or person, that is the subject of an investigation by either entity. Both crimes are Class B misdemeanors and could result in up to 180 days in jail and/or up to a \$2,000 fine, or both fine and imprisonment.

If you have any questions, please contact me as shown below.



Dr. Scott Milton, M.D., Local Health Authority
Address: Public Health, 1000 Martin Rd. Amarillo, TX 79107
Tel. (806) 378-6300 Fax: (806) 378-6306
Email: covid@amarillo.gov

EXHIBIT A

Amarillo Area Public Health Authority COVID-19 Requirements March 30, 2020

1. **To mitigate the spread of COVID-19, gatherings of 10 or more are banned and all persons shall exercise social distancing by staying at home, to the extent feasible.**
2. **COVID-19 positive individuals, those being tested, and household contacts:**
 - a. Prohibited from leaving his/her residence without surgical or similar mask to prevent the spread to others.
 - b. Are permitted while wearing a mask to seek emergency medical care related or unrelated to COVID-19. In doing so, you shall notify first responders at the time of the call to 9-1-1 or prior to presentation to other healthcare resources.
 - c. Prohibited from leaving Potter or Randall County without prior notification to the City of Amarillo Public Health Department at covid@amarillo.gov.
 - d. Shall practice feasible social distancing within the residence, observe hygiene practices for prevention of household spread in accordance with CDC guidelines.
 - e. Shall notify the City of Amarillo Public Health Department at covid@amarillo.gov if a member of your household is over the age of 60 and/or if they have underlying medical conditions identified by CDC of increasing the risk of complications from COVID-19.
 - f. Shall remain in home quarantine for no less than 7 days following the onset of their illness and at least three days (72 hours) after the conclusion of their illness (resolution of fever without medications and improvement in cough and shortness of breath).
3. **COVID-19 suspected positives or untested individuals with cough, fever, and/or difficulty breathing/shortness of breath:**
 - a. Prohibited from leaving his/her residence without surgical or similar mask to prevent the spread to others.
 - b. Are permitted while wearing a mask to seek emergency medical care related or unrelated to COVID-19. In doing so, you shall notify first responders at the time of the call to 9-1-1 or prior to presentation to other healthcare resources.
 - c. Shall practice feasible social distancing within the residence, observe hygiene practices for prevention of household spread in accordance with CDC guidelines.
 - d. Shall notify the City of Amarillo Public Health Department at covid@amarillo.gov if the residence does not allow for physical separation from other household contacts (separate room).
 - e. Shall notify the City of Amarillo Public Health Department at covid@amarillo.gov or your primary care provider if you develop symptoms consistent with COVID-19 as defined by the CDC.
 - f. Shall remain in home quarantine for no less than 14 days following the last exposure to individuals with confirmed or suspected COVID-19.
4. **Vulnerable Populations Shall Limit Outings**
 - a. Vulnerable populations include people who:
 - i. Are 60 years old or older; or

- ii. Have certain health conditions such as heart disease, lung disease, diabetes, kidney disease, Human Immunodeficiency Virus (HIV), Acquired Immune Deficiency Syndrome (AIDS), and weakened immune systems.
- b. Vulnerable populations: don't go to group gatherings unless it is essential. If you can telecommute, you should. Avoid people who are sick.