

AMARILLO PREPARED



CORONAVIRUS: PREVENTION TIPS



Wash your hands with soap and water or use hand sanitizer often.



Avoid touching your eyes, nose, and mouth with unwashed hands.



Avoid close contact with people who are sick.



Stay home when you are sick.



Cover your cough or sneeze with a tissue, then throw the tissue in the trash.

www.amarillopublichealth.org



Public Health
Prevent. Promote. Protect.
Amarillo