STATE OF TEXAS

COUNTIES OF POTTER AND RANDALL

CITY OF AMARILLO

On the 11th day of October, 2018 the Amarillo Bi-City-County Public Health District Board met for a quarterly board meeting in the City of Amarillo, Department of Public Health conference room located at 1000 Martin Rd., Amarillo, Texas, with the following members present:

VOTING MEMBERS	PRESENT	NO. MEETINGS HELD	NO. MEETINGS ATTENDED
Kenneth Crossland, DDS Chair, City of Canyon	Υ	212	188
Rebecca Scott, MD Potter County	Y	4	4
Delores Thompson Potter County	N	36	25
Judi Smith Randall County	Y	84	68
Brenda Adams Randall County	Y	4	4
Belinda Gonzales Taylor City of Amarillo	N	49	36
Kevin Hawkins, Vice Chair City of Amarillo	Y	61	57

Administrative Officers Present:

Casie Stoughton

Director, Public Health, City of Amarillo

∕Carol Hill ′Dr. Milton Assistant Director, Public Health, City of Amarillo Health Authority, Public Health, City of Amarillo

✓ Margaret Payton

Director, WIC, City of Amarillo

'Richard Haven

Director, Animal Management & Welfare, City of Amarillo

Joe Mike Briseno

Recording Secretary, Public Health, City of Amarillo

Guests Present:

None

Item 1: Call to Order and Welcome

Chairman Dr. Crossland opened the meeting at 7:00pm, established a quorum, and conducted the consideration of the following items in the order presented.

Item 2: Introduction of Guests/New Members

None

Item 3: Minutes

Dr. Crossland and members of the board reviewed minutes of the previous meeting and they were approved as presented.

Item 4: Consider reappointment of Health Authority: Dr. Scott Milton

Rebecca Scott made a motion to reappoint Dr. Scott Milton as Health Authority of the Bi City County Public Health District. Second by Judi Smith. All in favor.

Item 5: Consider Application to Public Health District

Casie Stoughton, Director of Public Health, presented an update on the letters of application to the Public Health District received from Timbercreek, Tanglewood, Palisades, and Bishop Hills. (Attached)

Judi Smith made a motion to accept the letters of application from Timbercreek, Tanglewood, Palisades, and Bishop Hills and recommended acceptance by Potter County, Randall County, Amarillo, and Canyon. Second by Brenda Adams. All in favor.

<u>Item 6: Consider Suicide Review Team Support</u>

Casie Stoughton, Director of Public Health, discussed the Amarillo Area Suicide Review Team (Report Attached).

Amarillo Area Suicide Review Team

- Suicide is the 11th leading cause of death overall in Texas on average one person dies by suicide every three hours.
- Suicide death rates in the Amarillo area for 2016 19.23 (Rate per 100,000 population
- Partnership with Amarillo Police Department and Public Health
- Will be first group in Texas to review suicides
- Team will be known as, (AASRT) Amarillo Area Suicide Review Team
 - The team is a multidisciplinary, multiagency working group that reviews completed suicides in the greater Amarillo area from a public health perspective.

By reviewing circumstances surrounding suicides, the team identifies prevention strategies that will decrease the incidence of preventable suicide.

Rebecca Scott made a motion to recommend Potter and Randall Counties designate the Bi City County Health District Public Health Department to oversee the activities of the Amarillo Area Suicide Review Team. Second by Brenda Adams. All in favor.

Item 7: Consider Adoption of the 2018 Community Health Assessment

Casie Stoughton, Director of Public Health, presented the 2018 Community Health Assessment (Executive Summary Attached).

Community Health Assessment

- Worked with Ascent Health Consulting on the 2018 Community Health Assessment
- Community effort
- June 11th, 2018 Launched a random digit dial telephone survey with 404 Amarillo residents.
 - o 72 Question Survey
 - o Opioid Questions
 - 81% respondents No opioid prescriptions in the past 12 months
 - 13% had one prescription in the past 12 months
 - 2% had two prescriptions in the past 12 months
 - Less than 1% received 3, 4, 5, 6, 12, or 24 prescriptions in the past 12 months
 - Range of prescriptions was 0 to 24 prescriptions
 - Condom Usage/STD
 - 20% reported they were not sexually active
 - 12% reported regularly wearing condoms during sex
 - 64% reported not wearing condoms during sex
- July 10th 21st opened a key informant surveys.
 - o 64% completion rate.
 - o 165 participants
 - o Survey Monkey
 - Top three populations that were not being addressed are mental behavioral health, uninsured and underinsured, and low income patients.
 - o Top health issues reported in our community
 - Mental/behavioral health
 - Substance abuse
 - Obesity (tie)
 - Access to care (tie)
 - o Risk factors that could be changed or modified to address the issues
 - Lack of health education
 - Mental/behavioral healthcare access challenges

- Nutrition and physical activity
- o Resources needed to address factors
 - Additional health education
 - Affordable care access
 - Governmental financing for community health
 - Community collaboration.
- o Top three issues facing children
 - Primary care access
 - Access to mental/behavioral health
 - Nutrition and physical exercise
- o Top 4 children's health issues, ranked
 - Food insecurity/hunger
 - Access to care
 - Access to mental/behavioral health (tie)
 - Teen pregnancy (tie)
- o Top 4 pediatric healthcare specialists needed in Amarillo
 - Counseling/psychology
 - Psychiatry
 - Neurology
 - Pulmonology
- o Top three issues for adults
 - Obesity
 - Access to mental/behavioral health
 - Access to care
- o Top 3 adult issues, ranked,
 - Access to health insurance
 - Access to primary care
 - Access to mental health services
- o Top 3 adult healthcare specialists needed in Amarillo
 - Counseling/Psychology
 - Psychiatry
 - Neurology
- o Top three issues for seniors
 - Access to primary care
 - Chronic disease prevention treatment
 - Access to mental/behavioral health
- o Top three issues for seniors, ranked
 - Access to primary care
 - Chronic disease prevention and treatment
 - Food security/nutrition
- o Top 3 senior adult healthcare specialists needed in Amarillo
 - Gerontology
 - Counseling/psychology
 - Navigation specialist

- o Top 3 overall health issues and priorities to be addressed in next 1-3 years
 - Mental/behavioral healthcare access
 - Affordable access to care
 - Substance abuse
- July 30th August 3rd Conducted five focus groups with different consumers of health and health care.
 - Uninsured and underinsured adults
 - o Mothers with pre-terms low birth rate babies
 - o Former users of Opioids
 - o Professionals that work with users of Opioids
 - o Refugees
- August 8th 15th Ascent Health conducted a community health data scan.
 - o Provided secondary data
 - o Community health
 - o Disparity between Potter and Randall Counties
- September 8th & 9th Sent the final product

Judi Smith made a motion to adopt the 2018 Community Health Assessment and recommend it for adoption by the Amarillo City Council. Second by Kevin Hawkins. All in favor.

Item 8: Administrative Reports given by Departments

- a. Women Infants and Children Nutrition Program (WIC)
- b. Public Health
- c. Animal Management and Welfare
- d. Statement of Direction

WIC

Margaret Payton Director, WIC, City of Amarillo, presented the department's report. (Attached)

- Participation
 - o July 6,033
 - o August 6,090
- Farmers Market
 - o 2,794 clients
 - o \$83,820
 - o 2017 \$65,478
- Summer Feeding
 - o June 4th July 13th
 - o 1,921 meals and snacks

Public Health

Dr. Milton, Health Authority of Public Health and Casie Stoughton, Director of Public Health, presented the Public Health report.

- Flu Activity
 - o Changes with flu vaccine
 - Flu-mist recommended for ages 2- 49 that are not pregnant
 - Egg allergy CDC Recommends that anyone can get the vaccine
 - High dose flu vaccine for age 65 and up

Animal Management and Welfare

Richard Havens, Director of Animal Management and Welfare, presented the department's report.

- Start Adoptions through Animal Management & Welfare
 - o Lower cost for adoptions
- Two new grants
 - o Petsmart Grant
 - o Maddie's Fund
 - Trial basis
 - New program Allows you to upload a 30 second video
 - Measures the speed of the tail at the base of the body to calculate potential behavioral profile
- Target Populations
 - o Homeless & Spanish speaking populations

Statement of Direction

- 1-3 Years
 - Update Cooperative agreement
 - Update Ordinances/Municipal Code
- 3-5 Years
 - Continue review of Cooperative Agreement
 - Continue review of Ordinances/Municipal Code

Item 9: Public Forum

There were no comments from interested citizens on matters directly pertaining to policies, programs or services of the Amarillo Bi-City-County Public Health District Board.

Item 10: Discuss Items for Future Agendas

Next regular meeting: Thursday, January 10, 2019 at 7:00PM Public Health conference room, 1000 Martin Rd.

Item 11: Adjournment

Dr. Crossland set the next meeting for January 10, 2019 at 7:00PM. The location will be at the Public Health Department, located at 1000 Martin Road. With there being no further business to come before the board, Dr. Crossland adjourned the meeting at 8:18PM.

Dr. Kenneth Crossland, Chair

Joe Mike Briseno, Recording Secretary