

The Epi Link

Back to School: Things to Remember

*Back to school vaccines!
Adults getting shots for yourself or your child
remember to bring your shot record
to make it easier to see what shots you need!*

Bacterial meningitis can happen suddenly in a normally healthy person. Ask your doctor or nurse about getting both the MCV4 and MEN-B vaccine for teens or young adults to be as protected as possible.

Two basic steps to prevent illness:

Handwashing: 20 – 30 seconds using soap and warm water – before eating, after using the bathroom, after playing outside and with pets.

Cover your cough or sneeze: Use a tissue or the middle of your elbow to cover your cough or sneeze.

*CDC BAM! (Body and Mind)
Go to [this website](#) to discover fun resources to teach kids aged 9-12 about making healthy choices and being germ free!*

When to Stay Home!

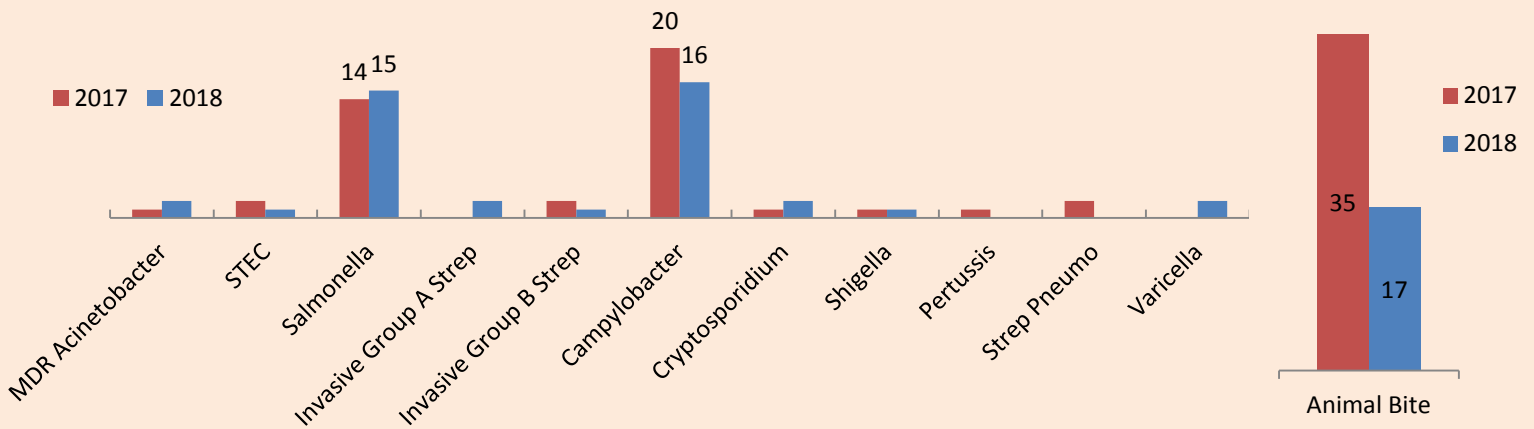
- **Chickenpox (varicella)** - Stay home until sores have crusted over/become dry and no new sores have appeared in 24hrs
- **Diarrhea** - Stay home until 24hrs have passed with no diarrhea (without taking anti-diarrhea medications)
- **Whooping cough (pertussis)** - Stay home until 5 days of antibiotics are complete
- **Respiratory Illness** - Stay home until symptoms resolve and fever has been gone for 24 hrs

Spotlight: Lice Facts

- Head lice are tiny insects that live in the scalp. They do not live on animals. Lice DO NOT fly or jump.
- Lice will die within 1-2 days off a human head.
- A person gets lice from head to head contact (includes sharing items that touch the head.)
- If someone has lice, that does not mean their hair is dirty. Lice need warmth and food (blood) to live. Anyone can get lice.
- Lice eggs (nits) can eventually hatch into lice. They are usually white in color and stick to the hair.
- Adult lice can be different colors from brown to off-white in color.
- If using a lice treatment, read and follow the directions carefully. Try not to use any hair conditioning product on the hair at least 48 hrs before. Some treatments may recommend a second dose. If so, follow package directions carefully.
- Do not treat a person with head lice more than 2 times. If it does not seem to be working, contact your doctor and they may recommend a different treatment.
- Wash clothing and bedding used in the past three days by the person with lice with hot water (at least 130 degrees Fahrenheit) and dry them in a dryer on the hottest setting. Put items that cannot be washed in a plastic bag and seal it tightly for two weeks. Wash hair styling items (brushes, combs etc.) in hot soapy water.

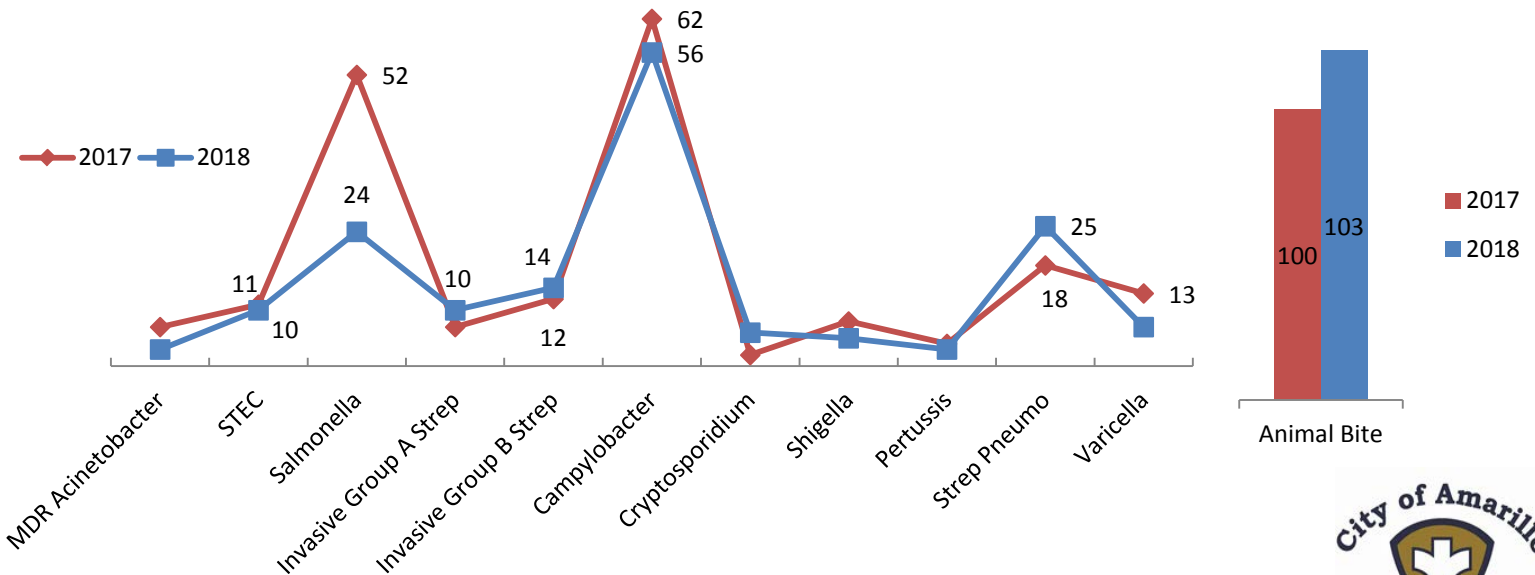
2017 and 2018 July Case Count Comparison of Selected Illness*

*All data are provisional. All data points without labels are <10 cases.



2017 and 2018 January – July Case Count Comparison of Selected Illness*

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Communicable Disease Reporting

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