

## AMARILLO POLICE DEPARTMENT TRAINING AND PERSONNEL DIVISION

## APPLICANT PHYSICAL ABILITY TEST WAIVER OF LIABILITY

The physical ability test listed below must be successfully completed to qualify for the position of Police Recruit for the Amarillo Police Department.

- 1. Remove a 100 pound dummy from the front seat of a patrol car and deposit it in the back seat of a second patrol car, parked one car length behind the front car.
- 2. Jump a two-foot hurdle.
- 3. Scale a four-foot wall.
- 4. Scale a six-foot wall.
- 5. Run a zigzag course.
- 6. Crawl through a tunnel.
- 7. Walk a balance beam.
- 8. Climb stairs to a platform, pick up a 50 pound weight, descend the stairs on opposite side, climb same stairs and deposit the 50 pound weight on platform, descend the beginning stairs.
- 9. Run one-quarter mile.
- 10. Complete the aforementioned tasks in 4 minutes and 10 seconds or less.
- 11. After a minimum one-hour rest period run one mile in 10 minutes or less.

	tand, should I require reasonable accommodations to complete any ent Personnel Division, 200 East Third, Amarillo, Texas, in writin	
	Signature	
WAI	/ER OF LIABILITY	
POLICE DEPARTMENT, I AGREE THAT I SHA POTTER COUNTY SHERIFFS OFFICE, AMAR RESPONSIBLE FOR ANY INJURY OR DAMAGI	TO TAKE THE PHYSICAL ABILITY TEST FOR THE AMARII LL NOT HOLD THE CITY OF AMARILLO, POTTER COUN LLO POLICE DEPARTMENT OR ANY OF ITS EMPLOY E I MAY RECEIVE OR CAUSE TO MYSELF DURING OR A RSTAND THAT IF I SHOULD FAIL TO PERFORM ANY PORT DISQUALIFIED.	ITY, EES S A
	Signature	
THE STATE OF		
COUNTY OF		
Sworn and Subscribed Before me this day of _	. 20	

APD-255 Revised 6/12

Notary Public