

Amarillo City Transit...The Bus Stops Here

Safety Tips Worksheet

- Carry your purse close to your body.
- Never carry a wallet in your back pocket.
- Tell someone when you are going out and when to expect you back.
- Travel with a friend whenever possible.
- Sit near the driver, if possible.
- Don't carry too much.
- Be alert to people and surroundings
- Don't travel at night alone.
- Wear cloths that give you freedom of movement.
- Walk with confidence and avoid speaking with strangers.
- Consider purchasing a "fanny pack" for travel.
- Never carry large sums of cash.
- Have your checks direct deposited.
- Do not carry weapons; an attacker can use them against you.
- Be suspicious of friendly strangers.
- Don't hesitate to contact the bus driver, police or another safe stranger if you feel threatened.

Adapted from The Arc of York County Group Travel Instruction for Senior's program